



APSLD Training Program for Lebanese Residents and Fellows

With the initiative of Dr Romeu Fadul and Dr Fabio Nahas, a scientific partnership between Brazil and Lebanon has been established in the form of hands on dissection courses and clinical observer programs to train Lebanese Plastic Surgery Residents and Fellows. The First Resident to benefit from this program was Dr Nazareth Papzian, a Plastic Surgery Resident at the American University of Beirut. Dr Papazian visited Sao Paulo on March 2015. He attended the cadaver dissection course and benefited from assisting several Brazilian Plastic surgeons performing various Plastic Surgery procedures.



This Newsletter is a forum for all Association members to share their knowledge as well as important information about their activities. You are all invited to send your contribution to batyeh@terra.net.lb

“EXCEPTIONALLY EXCEPTIONAL”

Nazareth Papazian
PGY-III, Plastic Surgical Resident at AUBMC
March 2015

My Brazilian experience started before I even have reached São Paulo. Dr. Fadul welcomed my visit weeks before my arrival and waited for me in the Guarulhos International Airport for a couple of hours.

The journey started on the very first Sunday with the first cadaveric dissection session in a series of four over two weeks. Expecting to meet that day course mates, I surprisingly realized that only one participant was admitted per course and was closely supervised by Dr. Fadul. Sessions included cadaveric dissections for anatomical studies of the face, nose, breasts and the gluteal area. These were followed by clinical applications of various surgical procedures.

The “Sirio-Libanes Hospital” was nothing less than a masterpiece: A luxurious high-tech 1400-bed tertiary care center with dedicated high standard physicians and staff delivering optimal quality care for patients.

The “Metropolitano Unidade de Butanta Hospital”, one of many health care centers affiliated with the Brazilian Institute of Plastic Surgery directed by Dr. Fabio Nahas, provided a different yet very interesting experience. The hospital served less fortunate Brazilians not able to afford private hospitals. I had the privilege in this hospital to assist and operate with Brazilian plastic surgery residents. Surgeries comprised various minor to major complicated procedures and were performed solely by plastic surgery residents.

The historical “Cruz Azul Hospital” and “Santa Cruz Hospital” were just another very important experience I had in Sao Paulo. These were the places where many plastic surgical pioneers, namely Prof. Ivo Pitanguy and Prof. Ricardo Baroudi made history in plastic surgery. Here, I had the privilege to meet Dr. Cecin Daoud Yaacoub



Nazareth with Ghassan Said

and assist him in few cases including a case of reverse abdominoplasty for breast reconstruction.

Another person for whom I owe much is Dr. Ghassan Said, chief resident at the Brazilian Institute of Plastic Surgery. Dr. Ghassan treated me like a brother and guided me throughout my stay in Sao Paulo. He made me perform a good number of procedures while assisting and teaching me and shared willingly with me his plastic surgery knowledge and skills.

Just to complete my objective description and evaluation of my journey to São Paulo, I must admit that, similar to many major cities in the world, São Paulo is plagued with high criminality and the cost of living in the city is not cheap.

Last but not least, all my appreciations should be to the APSLD who provided me with this opportunity and to Dr. Romeu Jr. Fadul for his astonishingly generous hospitality. Sharing plastic surgery knowledge with him was an exceptional experience. The cadaveric course he offered free of charge was honestly beyond my expectations. If I must summarize my São Paulo experience with no more than a couple of words I would describe it as “EXCEPTIONALLY EXCEPTIONAL”



Farid Hakme

Past-President of
Sociedade Brasileira de Cirurgia Plástica

Another Lebanese Brazilian Plastic Surgery Pioneer

On August 11, 1971, Dr. Farid Hakme founded in Botafogo, Rio de Janeiro, a clinic of plastic surgery under the name of Clínica Integrada, with 01 operating room and 03 bedrooms. In 1984, Clínica Integrada became Clínica Interplástica, and its facilities were improved to hold 04 operating rooms and 12 apartments.

In the year 2006, Clínica Interplástica turned 35 years old, and right now it has 12 operating rooms and 21 suites. It is now known as Hospital da Plástica and it is exclusively dedicated to plastic surgery procedures. Up to the present date, 35.000 patients have been submitted to surgical interventions at Hospital da Plástica.

Clínica Interplástica is the only clinic in Brazil to receive the Quality Award from the Brazilian Society of Plastic Surgeons and it is in total conformity with the norms of the Sanitary Vigilance.



With the belly dancer at the First World Congress of Plastic Surgeons of Lebanese Descent, Beirut, Lebanon, Oct. 14-17, 2010, and Kibbe Nayeh, his favorite dish



Lebanese American Contribution to Plastic & Reconstructive Surgery

Roger K. Khouri

An internationally recognized
innovator

*At the 3rd World Congress of Plastic Surgeons of
Lebanese Descent
Oct. 23-26, 2014, Beirut*

Roger K. Khouri graduated with the degree of Medical Doctor in 1980 from the **American University of Beirut**. He trained in General Surgery at UNC, in Plastic Surgery at Brown University, in Reconstructive Microsurgery at NYU and in Hand Surgery at Harvard. He was Professor of Plastic Surgery in charge of the Hand Surgery Fellowship Training Program at Washington University School of Medicine / Barnes - Jewish Hospital before moving to Miami where he helped to establish the Miami Hand Center, an innovative leader in the treatment of the hand, wrist, elbow and shoulder. Dr. Khouri is also the founder of the Miami Breast Center.

Dr. Khouri is a pioneer in reconstructive microsurgery and flaps before becoming a pioneer in fat transfer to the breast. In 1999 he invented the BRAVA external expander which led him to develop the breakthrough third-option breast reconstruction procedure called BRAVA + AFT (Autologous Fat Transfer). Along the way, he has contributed to many innovations in liposuction and lipografting.

Dr. Khouri is a scholar in plastic surgery with over 100 peer-reviewed scientific publications and three books on hand surgery and reconstructive microsurgery. In 1997 he published in the *Annals of Surgery*, the most prestigious scientific surgery journal, what was then the largest experience in the world with breast reconstruction using microsurgery (DIEP) and TRAM flaps. He has

served as Associate Editor of the most prestigious Plastic & Hand Surgery Journals and has been invited to lecture all over the world. He has taught at more than 200 national and international plastic surgery society meetings in more than 35 countries. In Miami, Dr. Khouri has personally trained more than 500 surgeons from 40 countries on his breakthrough procedures. He instructs by performing live-surgery demonstrations and one-on-one examinations with his patients.

Dr. Khouri is an active member of many distinguished Medical & Surgical Societies and was a founding member of the Society for Peripheral Nerve Surgery and the World Society for Reconstructive Microsurgery. A founding member and the vice president of the International Society of Plastic and Regenerative Surgeons (www.ISPRES.org), he is a firm believer and a major force behind the evolution of plastic surgery from the scalpel-intensive reconstructive operations toward the minimally-invasive regenerative procedures.

In 2002 He was awarded the prestigious Godina Lectureship in Microsurgery. For his contribution to breast reconstruction with BRAVA + AFT, he won the award of Best Scientific Work at the prestigious European Association of Plastic Surgeons (EURAPS) and the American Association of Plastic Surgeons in 2010. He was also awarded the best scientific paper of 2012 in the Plastic and Reconstructive Surgery Journal.

Lebanon in Mexico

José Luis Haddad
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Lebanese community in Mexico is strong in all the important activities of the country, particularly in business, commerce and professions. The vast majority are Christians, (Maronites and Orthodoxes) that is why you can find the portrait of Saint Charbel in many Catholic temples in Mexico as a miraculous personage.

There are many Associations formed by the community; "**Fannan**" Association of artists and intellectuals of Lebanese descent, founded in 1998 by a great Mexican-Lebanese poet **Jaime Sabines**. While the young Mexicans from Lebanese origin formed "**Jomali, AC.**", another civil Association. "**Al Hakim**" was the first professional association established in the **Lebanese Center** and for 20 years has had the mission to bring together professionals from the field of Medicine to help strengthen trade, cultural and medical relations between the two nations, by providing medical advice, assemble Mexican physicians with Lebanese roots and perform altruistic deeds for people with low financial incomes.

Lebanese people have been distinguished in Politics, Arts, Business, Sports and Science. They are mainly concentrated in the States of Jalisco, Puebla, Yucatán, Veracruz, Tamaulipas and Mexico City. According to a census in the year of 2000, there were around 2000 Lebanese living in Mexico, although the descendants are almost 500,000.

Lebanese had a great influence in all aspects of Mexican culture, and of course food: Kibbeh, tabbouleh, humus, etc. In all Mexico you can find very nice Lebanese restaurants.

In movies I would suggest you could find a classic film "**EL BAISANO JALIL**" played by Joaquín Pardavé, great Mexican actor who represents the classic personality of the Lebanese immigrant, a movie not to forget.

Let's see some transcendental people from

Lebanese descent in Mexico:

Miguel Zacarías: film maker

Antonio Matouk: film maker

Jaime Sabines: Poet, politician

Alfredo Jalife: Journalist

Jerónimo Amione: Soccer player

Carlos Slim: Businessman

Alfredo Harp: Businessman

Antonio Chedraui: Businessman

Mauricio Garcés: actor

Antonio Badú: actor

Gaspar Henaine: actor

Demián Bichir: actor

Bruno Bichir: actor

Pedro Weber: actor

Rosa Guraieb: composer, pianist

Susana Harp: singer

Salma Hayek: actress

Astrid Haddad: singer

Jesus Murillo Karam: politician

Emilio Chuayffet: politician

Omar Fayad: politician

Miguel Layún: soccer player
Miguel Sabah. Soccer player
Jose Sulaimàn: President of the World Boxing Council for more than three decades

And I could go on and on, and in order not to omit very important people I will stop here.

In my personal history, my favorite is my father, a great surgeon, head of the Department of General Surgery at the Hospital General de México for more than 20 years, a great human being; he passed away 17 years ago, but thanks to him I am who I am in the whole sense of the phrase.

Finally , I would like to remember a phrase of Adolfo López Mateos president of México from 1958 to 1964 when he met the Lebanese community of that time in Mexico: **If you still don't have a Lebanese friend, find one.**



ROBERTO HADDAD SLIM
1917-1997

Proud of my Lebanese origin

All the 1st, 2nd, and 3rd World Congress of Plastic Surgeons of Lebanese Descent photos are available on the following link of our page <http://1drv.ms/1yyuyag>

Association of Plastic Surgeons of Lebanese Descent - Contact Survey

This survey is designed to create a database of all plastic surgeons of Lebanese descent. Kindly take a minute to fill in your details in order to keep us all connected. To fill-out the brief survey click on the following link: <http://1drv.ms/1zZm0hU>

'Like' our official Facebook page to keep in touch with the latest news, photos, and to connect with others

<https://www.facebook.com/pages/Association-of-Plastic-Surgeons-of-Lebanese-Descent-APSLD/350753135094707>

Salma Hayek hopes 'The Prophet' of Gibran Khalil Gibran inspires new generations

Mexican and American actress Salma Hayek visited Lebanon, her ancestral homeland, for the international premiere film "The Prophet," an animated feature film she co-produced, in Beirut, Lebanon, Monday, April 27, 2015. The film was written and directed by Roger Allers, the maker of the Disney production The Lion King.

The film tells the story of a young girl who finds the voice she lost through her friendship with a poet imprisoned for his ideas. The story is based on the "The Prophet," a book written in 1923 by iconic Lebanese writer Khalil Gibran that has inspired generations of artists. The book, a series of poems about love, joy, sorrow, and work, has been translated into at least 40 languages and has never been out of print.

Hayek, whose paternal grandfather was Lebanese and immigrated to Mexico, visited the picturesque mountain village of Bcharre in northern Lebanon a day before the film premiere to pay homage to Khalil Gibran.





Hayek told The Associated Press as she walked down the red carpet for the movie premiere in a downtown Beirut cinema complex that the movie has a "message of peace." She described the film as "a love letter to my heritage" that will hopefully encourage new generations to think differently. I think the whole world could use a little bit of message of peace, and more than a message of peace, to watch something that's uplifting for the spirit and joyous, and that you can share with your family." "Through this book I got to know my grandfather. Through this book I got to have my grandfather teaching me about life. So it is a very personal movie for me."

On the red carpet, Hayek, was wearing a dress by Lebanese designer Elie Saab

The film opens in cinemas in the United States in August.



Lebanese Short Film Waves '98 by Elie Dagher Wins Cannes 2015 Palme d'or!

Lebanese 30 year-old director **Elie Dagher** received Cannes' Short Film Palme d'or award!

This is the first time ever Lebanon obtains such an award. Elie Dagher, has won the prestigious Short Film Palme D'Or, in this years 68th Cannes Film Festival 2015 for his short film written, produced and directed by him "Waves '98"; a 15-minute animated film that explores the disillusioned life in the suburbs of a segregated Beirut. The main character Omar whose voice is played by actor Elie Bassila is lured into the depth of the city after an unusual discovery. Immersed into a world that is so close yet so isolated from his reality, he finds himself struggling to keep his attachments, and his sense of home.

The animation movie is as much a narrative film as it is a personal visual essay dedicated to Dagher's hometown, Beirut. The film is an artistic exploration of the director's current relation with his Lebanon, his home country, projected through the story of a teenager and set in 1998.

Dagher is the first Lebanese director to receive the award since Maroun Baghdadi took home the Jury Prize at the 1991 festival for *Hors La Vie*.

It is a great day for the Lebanese film industry, where a growing industry is emerging in animated cinematography.





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April 22-24

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BEIRUT 2016

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LSPRAS 50TH ANNIVERSARY CONFERENCE
Lebanese Society of Plastic, Reconstructive & Aesthetic Surgery

19th MBC Meeting Euro-Mediterranean Council for Burns & Fire Disasters

10th LAHM Conference International Association for Humanitarian Medicine



April 26-28, 2016

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**DOUBLE MEETING
DOUBLE FUN**



IVth WORLD CONGRESS OF PLASTIC SURGEONS OF LEBANESE DESCENT

**In Association with the
Lebanese Society of Plastic
Reconstructive and Aesthetic
Surgery – LSPRAS**

**April 2017
SÃO PAULO - BRAZIL**

ASSOCIATION OF PLASTIC SURGEONS OF LEBANESE DESCENT