



ISAPPS Official Course & Lebanese Plastic Surgery Day

2nd

Announcement

“Breast and Breast: The Future”



September 21st - 23rd, 2017
Phoenicia Hotel - Beirut, Lebanon

CME Credit



ISAPS Official Course & Lebanese Plastic Surgery Day

“Breast and Breast: The Future”



Hosted by:

The Lebanese Society
of Plastic, Reconstructive
and Aesthetic Surgery
(L.S.P.R.A.S)



Organized by:

International Society
of Aesthetic Plastic Surgery
(I.S.A.P.S)



Supported by:

Association of Plastic Surgeons
of Lebanese Descent
(A.P.S.L.D)

Course Venue

Phoenicia Hotel, Beirut- Lebanon

Course Dates

21-22 September 2017: ISAPS Course

23 September 2017: LSPRAS Scientific
Annual Meeting.

Key Addresses



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www.trustandtraders.com
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Dr. Elie Abdelhak

(Local Organizing Committee Chairman)
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Email: elie.abdelhak@gmail.com
website: www.ispras.com



Message from the President



Dear Colleagues,

Once again and for the fourth time since 2001, the Lebanese Society of Plastic, Reconstructive & Aesthetic Surgery (LSPRAS), have the pleasure to host an ISAPS course “Breast and Breast: The Future”.

This International and Scientific event has been jointly organized by the International Society of Aesthetic Plastic Surgery and the Lebanese Society of Plastic Reconstructive Surgery.

Mustafa Hamadi M.D (Belgium) Course Director is assembling a formidable teaching faculty from all over the world. The man subject to be covered will be the latest procedures and technical innovations in Breast Surgery, knowing that multiple subjects on the other Aesthetic Procedure (Nose, Body contouring...) will be included.

Foad Nahai M.D our course Coordinator is working towards and anticipating a hugely successful event as you can see from the Faculty members, they are looking forward to sharing their experiences with you and working towards creating an exciting informative program that will cover many aspects of innovation in Aesthetic Surgery.

Today Lebanon is no more a War – Torn; it is a country of all diversities and diversions where you can mix leisure, tourism and science with pleasure.

You will be able to enjoy the splendid archeological sites of Lebanon on which Byzantine and Arabic Ramses II, Alexander the Great, Anthony and Cleopatra, Charles de Gaulle, Jean Paul II... and Jesus Christ. All of them visited Lebanon before you.

We are sure that this unique combination of scientific themes, combined with spectacular social activities will lead to a conference beyond your expectations.

The excellent Mild Mediterranean climate of Beirut at this time of the year (September) in combination with the luxurious hotels chosen, the social program and the friendly staff will make your stay an unforgettable one.

We expect a record attendance for this meeting and looking forward to seeing you in Beirut in 21-23 September 2017.

We promise you days of learning the state of the Art in Aesthetic Surgery and Fun!!!

Dr. ABDELHAK Elie

Chairman of the Local Organizing Committee
LSPRAS President



Message from the Course Director



It is my pleasure to invite you to attend the ISAPS Course in Lebanon. This course has some special importance to the ISAPS scientific committee after having 3 very successful ISAPS Course since 2001. We are pleased to welcome such a prestigious Faculty Members from all over the world.

I have no doubt that Dr Elie ABDELHAK (LSPRAS President), Dr Paul AUDI (ISAPS National Secretary) and his organizing committee will be preparing a superb scientific and social program for all of us.

Beirut is awaiting you with its all past history and splendor.
Looking forward to see you all in Beirut.

Prof. Dr. Moustapha Hamdi

President of the Royal Belgian Society of Plastic Surgery (RBSPS)
Course Director

Message from the Course Co-Director



Dr .HAMDI and I have assembled a truly international faculty to present the latest advances in aesthetic breast surgery.

I trust you will attend in large numbers to hear and share the vast experience of the Faculty.

The program is comprehensive, covering all aspects of Aesthetic Breast Surgery

I look forward to seeing you in beautiful Beirut where we will all enjoy warm Lebanese hospitality.

Prof. Foad Nahai

Former President of the International Society of Aesthetic Plastic Surgery (ISAPS)
Former President of the American Society of Aesthetic Plastic Surgery (ASAPS)
Course Co-Director



Local Organizing Committee

ABDELHAK Elie	Chairman- LSPRAS President
AUDI Paul	ISAPS National Secretary for Lebanon
FERRAN Fady	Vice President LSPRAS
GHANIME Georges	Immediate Past-President LSPRAS
IBRAHIM Amir	Treasurer
SLEILATY Fady	Member
SLEIMAN Ziad	Member
HAMDAN Firas	Member

ISAPS International Society

SALTZ Renato	ISAPS President
KONTOES Vakis	Chairman Education Council Committee
HAMDI Mustafa	Course Director
NAHAI Foad	Course Co- Director
ABDELHAK Elie	Local Organizing Chairman
AUDI Paul	ISAPS National Security for Lebanon

Participating FACULTY of ISAPS

Marwan ABBOUD, MD	BELGIUM
Elie ABDELHAK, MD	LEBANON
Bishara ATIYEH, MD	LEBANON
Paul AUDI, MD	LEBANON
Suhan AYHAN, MD	TURKEY
Giovanni BOTTI, MD	ITALY
Nazim CERKES, MD	TURKEY
Ruth GRAF, MD	BRAZIL
Moustapha HAMDI, MD	BELGIUM
Nabil HOKAYEM, MD	LEBANON
Roger KHOURI, MD	USA
Rafic KUZBARI, MD	AUSTRIA
Foad NAHAI, MD	USA
Charles RANDQUIST, MD	SWEEDEN
Carlos ROXO, MD	BRAZIL
Sami SAAD, MD	LEBANON
Marzia SALGARELLO, MD	ITALY
Peter SCOTT, MD	SOUTH AFRICA
Constantin STAN, MD	ROMANIA
Osman Akin YUCEL, MD	TURKEY



Scientific Program

Thursday September 21st

07:00-08:00

Registration:

08:00-08:10

Welcome & Opening remarks:

Elie Abdelhak, Moustapha Hamdi & Foad Nahai

08:10-10:00

Morning Session I:

Principles of Modern Reduction Mammoplasty

Moderators: R. Graf - B. Atteih

08:10-08:30

Breast Reduction/Mastopexy: My experience with Lassus Vertical Technique
E. Abdelhak

08:30-08:50

Vertical mammoplasty: Principles, problems and solutions A. Yucel

08:50-09:10

22 years' experience with superior pedicle short scar reduction
mammoplasty : What have I learned? F. Nahai

09:10-09:30

Power Assisted Liposuction: Evolution of the Technique M. Abboud

09:30-09:50

Septum-Based Mammoplasty: 18-year experience M. Hamdi

09:50-10:00

Discussion

10:00-10:30

Coffee Break & Visit Exhibition

10:30-12:30

Morning Session II: Modern Concepts in Mastopexy – Surgical Video

Moderators: M. Salgarello - E. Abdelhak

10:30-10:45

Mastopexy a personal approach C. Roxo

10:45-11:00

Long Lasting Results in Auto-augmentation Mastopexy R. Graf

11:00-11:15

Mastopexy with autoprosthesis: the most effective procedure to fill
the breast upper pole G. Botti

11:15-11:30

Volume Re-distribution Mastopexy M. Hamdi

11:30-11:50

Multiplane mastopexy reduction - a 3D approach C. Stan

11:50-12:10

Incisionless & Sutureless Mastopexy R. Khouri

12:10-12:30

Discussion

12:30-14:00

Lunch

14:00-16:00

Afternoon Session I: Augmentation-Mastopexy “A round table”

Moderators: Ch. Randquist - P. Audi.

14:00-14:15

How I treat R. Graf

14:15-14:30

How I simplify G. Botti

14:30-14:45

The Value of using PolyUrethane Implants M. Salgarello

14:45-15:00

one or two stages S. Saad

15:00-15:15

The circumvertical incision N. Cerkes

15:15-16:30

Discussion



16:00-16:30 Coffee break & Visit Exhibition

16:30-18:30 Break Out Session I: Facial Rejuvenation

Moderators: G. Botti - N. Cekes

- 16:30-17:00 Blepharoplasty & Facial rejuvenation: The state of the art **F. Nahai**
- 17:00-17:15 Fat grafting to the face: relevant topographic anatomy **R. Kuzbari**
- 17:15-17:30 Reduction-Augmentation lower lid blepharoplasty **R. Kuzbari**
- 17:30-18:00 Liposuction / lipofilling short scar face lift **M. Abboud**
- 18:00-18:30 Discussion

19:30 Opening Ceremony: Mineral Museum Followed by Cocktail





Friday September 22nd

08:30- 10:30 **Morning Session I: Breast Augmentation: The Key for Success**

Moderators: P. Scott - S. Saad

08:30-08:50	Choosing the most appropriate breast implants and the best breast augmentation technique G. Botti
08:50-09:10	How to choose a breast implant C. Stan
09:10-09:30	Proportional thinking and How to choose the right implant Ch. Randquist
09:30-09:50	Decision making in breast augmentation A. Yucel
09:50-10:10	Preoperative assessment tool for planning of Inframammary incision and implant profile in breast augmentation B. Attieh
10:10-10:30	Discussion

10:30-11:00 **Coffee Break & Visit Exhibition**

11:00-11:30 **Morning Session II: How to control the Infra Mammary Fold in Breast Surgery “round table”**

Moderators: F. Nahai - I.Kaddoura

11:00-11:15	How to plan and reconstruct a natural inframammary fold C. Stan
11:15-11:30	How to plan your IMF fold and if IMF incision: the necessity of the “Lucky 8” stitch Ch. Randquist
11:30-11:45	How to fix the IMF in post massive weight loss patients C. Roxo
11:45-12:00	The Needle Technique R. Khouri
12:00-12:15	The Cannula Technique M. Hamdi
12:15-12:30	Discussion

12:30-14:00 **Lunch**

14:00-16:00 **Afternoon Session I: Solving problems and complication after Breast augmentation “round table”**

Moderators: Yucel - B.Attieh

14:00-14:15	Breast restoration after implant failure S. Ayhan
14:15-14:30	Implant complications and secondary breast augmentation G. Botti
14:30-14:45	How to solve secondary cases without folding, stitches or scaffolds. “The Pop Corn” technique Ch. Randquist
14:45-15:00	Converting Implant to fat breast augmentation M. Abboud
15:00-15:15	BRAVA-Fat grafting Secondary Breast Augmentation R. Khouri
15:15-15:30	Discussion

16:30-16:30 **Coffee break & Visit Exhibition**

**16:30-17:30 Afternoon Session II: Fire-Cross Session**

Moderators: M. Hamdi - G.Ghanime

- 16:30-16:45 Comparison of physical properties of implant surface:
What is the impact on clinical outcome? **S. Ayhan**
- 16:45-17:00 Early experience with the Nano textured implants **P. Audi**
- 17:00-17:15 Why I still use the macrotextured Implant **Ch. Randquist**
- 17:15-17:30 Discussion

17:30 – 18:30 Break Out Session II: Rhinoplasty

Moderators: R. Kuzbari – S. Ayhan - F.Ferran

- 17:30-17:50 Structural grafting of nasal tip **N. Cerkes**
- 17:50-18:10 Secondary Rhinoplasty **P. Scott**
- 18:10-18:20 Closed rhinoplasty **N. Hokayem**
- 17:20-18:30 Discussion

18:30 Meeting Adjourn: Elie Abdelhak

20:00 Gala Dinner





Saturday September 23rd

08:00-09:30 Free Papers

09:30-10:30 Motiva Symposium

10:30-11:00 Coffee break & Visit Exhibition

11:00-11:30 Abbvie Symposium

Multidisciplinary approach of Hidradenitis Suppurativa: combining medical and surgical treatment **TBA**

11:30-13:30 Polytech Symposium

Polytech Excellence in Breast Surgery

- A Journey through Breast Implant surgery **F. Nahai**
 - New clinical evidence on the superiority of Microthane breast implants **M. Hamdi**
 - Technical Tips and Tricks using Microthane Breast Implants **A. Verpaele**
 - Secondary augmentation mastopexy **M. Salgarello**
 - Innovation and Science in breast surgery **C. Stan**
 - Comparison of physical properties of implant surfaces
what is the impact on clinical outcome? **S. Ayhan**
- Discussion

13:30 Meeting adjourn



Hotels

Phoenicia Hotel (Course Venue)

Located in the prestigious district of luxury hotels and overlooking the Mediterranean Sea, with 10 minutes drive respectively from Rafic Hariri International Airport and the city center.

Guest Services & Facilities:

2 swimming pools, SPA, business center, Grand ballroom, 6 meeting rooms, laundry valet, travel desk, library, parking and car rental desk. Cable T.V, mini bar, air conditioning, hair dryer.

Minet el Hosn, Beirut

Telephone: 961 1 369100

Fax: +961 1 363537

www.phoeniciabeirut.com



Warwick Palm Beach (4 Star Hotel)

Location:

(3 minutes walking distance from Phoenicia Hotel)

Telephone: +961 1 372 000

Fax: +961 1 369 109

www.warwickhotels.com/palm-beach



Monroe Hotel (4 Stars Hotel)

Location:

(Facing Phoenicia Hotel)

Telephone: +961 1 371122

Fax: +961 1 371112

www.themonroehotels.com





Tours

Beirut- Lebanon

Beirut, the capital of Lebanon is a natural venue for international, regional and local conferences and conventions. The ancient city, the restored city and the modern city represent different great civilizations enriched with mosques, churches, cultural museums, shopping areas, sport areas, shores, Raouche’s Grotto and night life. Now Beirut is delighted to host the ISAPS Official Course & Lebanese Plastic Surgery Day “Breast & Breast: The Future” at Phoenicia Hotel between September 21 and 23, 2017.



Suggestions for tours

Beiteddine: Palace of Prince Bechir el Chehabi II (1788-1840) and summer residence of Lebanese Presidents from 1943 till 1983



Baalbeck:

Baalbeck: Witness the beauty and grandeur of the world’s talent columns as well as the breathtaking temples of Jupiter, Bacchus and Venus.



Jeita:

Jeita: one of the largest and most beautiful grottoes in the world.



Sidon:

Located in the south, on the Mediterranean coast, Sidon was an ancient Mediterranean seaport city founded by the Phoenicians during the third millennium b.c.e. and ruled in turn by Assyrians, Babylonians, Persians, Alexandrian Greeks, Syrian Seleucids, Egyptian Ptolemys, Romans, Arabs, Crusaders, and Ottomans.





General Information

Congress Homepage:

For the latest information on the course, please visit any of the following websites:

www.lspras.com

www.trustandtraders.com

Features:

I-ISAPS Post Graduate Course.

The scientific program will cover multiple aspects of Aesthetic Surgery including practical operation techniques, covering specially Breast Surgery in all its aspects.

II- Commercial Exhibits.

III- Attractive Social Program

- Opening Ceremony on September 21st at 19h30 at Université Saint Joseph, Campus de L'innovation et du sport “Auditorium François S. Bassil” followed by a guided tour to Mineral Museum and cocktail reception. Fees included with registration.

- Gala Dinner. Fees included with registration.

Registration:

Wednesday 20 September: From 15h00 till 18h00

Thursday 21 September: Starting 06h30 am

Friday 22 September: Starting 7h30 am

CME Credits:

The Continuing Medical Education (CME) Committee of the Lebanese order of Physicians in Beirut will credit this event with CME points.

Registration & Accommodation:

Participants are strongly recommended to register online www.lspras.com and book your hotel accommodation the soonest possible since first come first serve

Passport and visas:

For the entry visa: According to Lebanese Government regulations, it is granted at the airport for visitors coming from USA, Canada and all European countries; furthermore, it is stressed to make sure not to have an Israeli visa or stamp on your passport. For any questions, kindly get in touch with us and we will be delighted to assist you.

Your passport should be valid for at least 6 months.

Lebanese currency and banking:

Foreign currency can be exchanged at any bank, or at any money exchange shop. However, almost everything can be paid in US\$ currency. The monetary unit is the Lebanese Pound. US \$ 1 ~ LBP 1500.

Languages:

Most people in Lebanon speak French or English in addition to Arabic. Foreign newspapers and magazines are available.



For ISAPS Course, attendance is restricted to Plastic Surgeons registered in their National Society . Other participants on special request.

ISAPS Course will be held on September 21 & 22, 2017.

Registration will be online:

www.LSPRAS.com

www.trustandtraders.com

REGISTRATION FEE - PACKAGE	LSPRAS, ISAPS and icoplast Members	Delegates	ACCOMP. PERSONS	Residents *
BEFORE JULY 31	500\$	600\$	300\$	150\$
AUG 1- SEPT.18	550\$	650\$	350\$	200\$
ON SITE	600\$	700\$	400\$	250\$

- Package registration includes Visit to MIM Museum, Opening Ceremony, Reception and Gala Dinner
- Gala Dinner not included in residents’ registration fee
- Gala Dinner tickets may be purchased separately, for non-registered person, at 150\$.





Acknowledgements

The Lebanese Society of Plastic, Reconstructive & Aesthetic Surgery Wish to express their special thanks and gratitude to the following companies for their generous contributions: in its 2017 LSPRS Conference:

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